Home Delivery   **Nutrition**

The Micro Digest

Think Big. Think Micro.

The Raw Power of Microgreens comes from the many vitamins, minerals and trace minerals that microgreens contain. Surprisingly, microgreens have on average 40 times more nutrient density than the fully-grown vegetable. This is what makes microgreens a superfood that boosts your immunity and helps you find and maintain exceptional health. Contact us to get on the list for contact-free delivery of Village Greens microgreens. We deliver to the Barnegat

Peninsula (Manasquan to Seaside Park) and the Trenton-Princeton Corridor. Monthly subscription or single-week delivery available. Choose which microgreens you would like delivered! Free delivery for monthly subscriptions. [**More Information . . .**](#)

Village Greens Microgreens are from 100% organic seeds and delivered alive and thriving directly to your door. Delicious and nutritious!

[**Contact Us About Home Delivery**]

**New Customer Special:
Free Delivery on Single-Week Order!
(Only $15!)**

Village Greens Food for Thought

In this newsletter: **Raw Power** & **Mandarin Microgreen Salad**!

A Pad of Rambo Radish

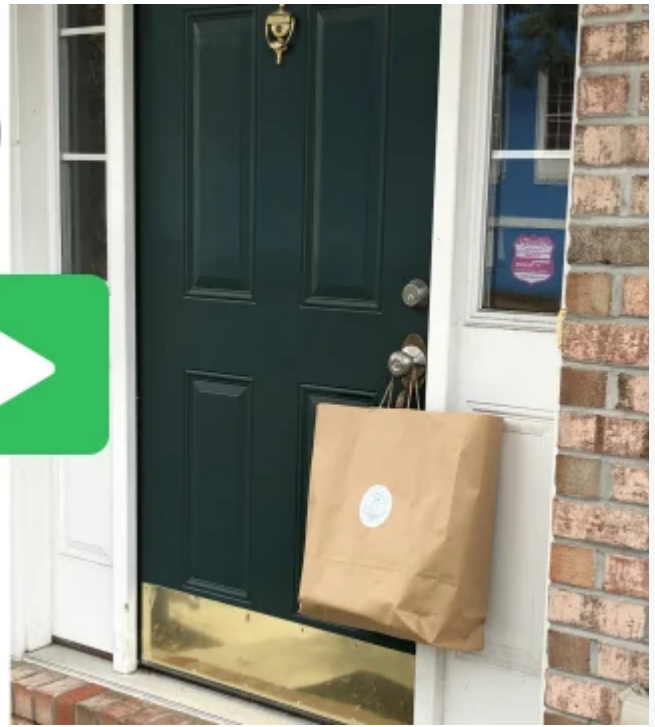Tendril-Rich Pea Microgreens

Why Raw Foods Matter

Raw foods are much more than a trend. They are an essential way to nourish your body with what it needs to reward you with exceptional health. This doesn't mean you need to go all-raw. Just make sure you eat raw foods at every meal.

Mandarin Microgreen Salad

Here is a great way to enjoy the raw power of microgreens. This Mandarin Microgreen Salad can be a full meal or a side dish. The spinach and pea combination really works!

Microgreens Delivery! (These are Rambo Radish)

Have You Seen Our Video?

This short video shows you the power of microgreens

. . . delivered right to your door!

Watch the Video

Stay Healthy & Safe!

"Tell me what you eat,
and I will tell you what you are."

–Anthelme Brillat-Savarin

Village Greens NJ, LLC

Trenton NJ

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